

## Gift Aid Declaration



### Details of Donor

Title.....Forename.....Surname.....

Address.....

.....

Post Code.....

I want the charity to treat the enclosed donation of £ ..... as a Gift Aid donation **and** all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations.

**You must be a taxpayer and pay an amount of Income Tax and/ or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year. (currently 25p for each £1 you give).**

Signed .....Date...../...../.....

### NOTES

1. You can cancel this Declaration at any time by notifying the charity.
2. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration.
3. If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
4. If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or, refer to help sheet IR65 on the HMRC web site. ([www.hmrc.gov.uk](http://www.hmrc.gov.uk))
5. Please notify the charity if you change your name or address.
6. This form should be returned to:

**Northampton and District Mind,  
6/7 Regent Square,  
Northampton NN1 2NQ**



How you can help make a real  
difference to the lives of people  
who experience mental  
ill health

T: 01504 634310/524951  
E: [Mindadmin@btconnect.com](mailto:Mindadmin@btconnect.com)  
Charity No. 1033000  
Company No. 2853335



## We're Mind, the mental health charity.

Northampton and District Mind is a registered charity affiliated to national Mind. We aim to promote and support good mental health within the areas of Northampton, Daventry, Brackley, Towcester, and South Northants through the provision of a range of services which promote individual progression and recovery. The organisation has worked hard for over 40 years to establish high standards of services of demonstrable quality for the communities we serve. Our aims are:

- **Recovery:** To deliver high quality and appropriate services for people who experience mental ill health, promoting recovery, independence and integration at all times.
- **Inclusion:** To facilitate and support community integration and participation for people who experience mental health problems.
- **Awareness:** To raise awareness of mental health; to challenge the stigma associated with mental illness; and to promote and support positive mental health.

**During 2012, we supported 3201 individuals** who accessed 1-1 support, our information and guidance service, or via direct access to our recovery and social inclusion services.

We're here to make sure anyone with a mental health problem, their friends, or their families have somewhere to turn to for advice and support.

We are a not for profit organisation and we rely on the generosity of people giving donations to our charity. We have to fundraise all year round to be able to sustain the work that we do. All donations go directly into sustaining our services and the development of new projects to support the individual progression, development and recovery of people who experience mental or emotional distress.



## There are several ways you can support us:

### Financial

- Send a cheque by post
- Telephone 01604 634310
- Sponsor Northampton and District Mind during an event
- Leave a legacy to Northampton and district Mind in your will
- Donate on-line: go to [www.JustGiving.co.uk](http://www.JustGiving.co.uk). In the box marked 'Donate to a Charity' type Northampton and District Mind, this will take you to our home page, here you select the 'Donate' button and choose the amount you would like to give.
- Donate by text. You can donate £1, £2, £3, £4, £5 or £10. Text **ISPU33** £ (insert how much you would like to donate) to **70070** If you have any questions about JustTextGiving go to [www.justtextgiving.co.uk](http://www.justtextgiving.co.uk)
- By Standing Order. You can make a regular monthly, quarterly or annual donation to Northampton and District Mind by instructing your bank to make a regular payment on your behalf. If you would like to give in this way, please phone us and request a Standing Order Form.

### Gift Aid it

If you are a UK taxpayer, you can make your donation to Mind worth 25 per cent more. The government refunds us the tax you've already paid on your donation. That means that a £10.00 donation is actually worth £12.50 to us. If you would like to Gift Aid your donation please complete the form on the back of this leaflet and send it to us with your donation.

### Practical Support

- Volunteering. Many people offer their time and skills to support the work of Mind. All volunteers are provided with training and support and paid travel expenses as appropriate. Phone 01604 634310 for further information

**Your support means we can reach more people, provide more support, develop new services and carry on speaking out for everyone affected by mental health problems.**